

PATIENT GUIDE TO BOTOX AND TEMPORARY INJECTABLE DERMAL FILLERS

At consultation, your non-surgical Practitioner will discuss with you: -

- Any relevant medical history
- Discuss your expectations, assess your suitability for treatment and possible treatment options for you to consider.
- Explain the treatment plan and any risks and complications.
- Post treatment advise.
- Before, sometimes during and after treatment photographs.

Botox

- Botox is a prescription muscle relaxant medicine, and is used to treat a number of conditions within the body. It contains the active substance Botulinum Toxin A. It works by partially blocking nerve impulses and the effect depends upon where it is injected. If injected into a muscle it will reduce excessive contractions of that muscle. It can be used for the temporary improvement in the appearance of vertical lines between the eyebrows (Glabella) seen at maximum frown and fan-shaped lines from the corner of the eyes (Crowsfeet) at maximum smile.

Dermal Fillers

- We have a range of injectable filler products for facial lines and areas of dermal depression. Your practitioner will discuss with you possible fillers to improve your areas of concern. Dermal fillers are used to correct loss of volume, shape, contour and reduce the appearance of fine and/or deep lines. Fillers consist of Hyaluronic acid which is a natural occurring gel produced in the body, which is injected into the treatable area. Fillers consist of a gel, most of which contain a local anesthetic which minimizes discomfort.

General Aftercare Post treatment with Botox and Dermal Fillers

- Avoid touching and rubbing and make-up to the treated areas for 4 hours
- Avoid extreme heat/cold for up to 1 week post treatment
- Abstain from Alcohol, heavy exercise for 24 hours
- Stay out of Sunlight/UV radiation until redness and swelling has resolved.

Possible Risks, Complications & Side Effects to Botox

- Hypersensitivity, Allergic response, Anaphylactic reaction (rare but can occur)
- Asymmetry of facial expressions
- Muscle weakness, twitching
- Bruising/swelling/skin redness
- Stinging/burning
- Headaches
- Drooping of the eyelid or eyebrow (ptosis)/local muscle weakness, double vision, dry/teary eyes
- Hives, feeling faint, nausea or flu like symptoms, tiredness
- Swelling of the face or throat, dry mouth, difficulty swallowing
- Infection at treatment site
- Period to take effect, further treatment needed, remaining muscle movement

Possible Risks, Complications & Side Effects to Dermal Fillers

- Hypersensitivity, Allergic response, Anaphylactic reaction (rare but can occur)
- Formation of nodules (lumps) around the treated area
- Slight visibility/palpability of the product under the skin
- Persistent bruising which may last up to several weeks
- Infection/abscess formation following treatment, eruption of cold sores
- Small/Rare possibility of filler being injected into a blood vessel which could lead to blockage of the blood flow to the area supplied by the blood vessel causing skin soreness, coldness, numbing and discoloration. Please contact the clinic as soon as possible in this instance.
- Perfect symmetry may not be achievable.
- Limited or non-response to treatment
- Extremely rare risk of blindness if filler is injected into certain anatomical sites, such as the Glabella, Nasolabial folds and the Nose.

General Complications

- Stinging/tingling/burning/bruising/swelling
- Injection site bleeding/skin redness around treatment area

Please Note

- Due to the subjective nature of the treatment it is not possible to guarantee results
- Longevity of treatment results may vary between individuals.
- Patients can react differently to the same treatment
- List of possible risks and complications is not exhaustive.

After Botox treatment

- You may find it helpful to apply iced gauze to the treated area
- Treatment normally takes 2-4 days to start to take effect. 10-14 days to reach full effect.
- Do not rub, massage, apply make-up the treated areas for at least 4 hours after treatment
- Botox treatment lasts for approximately 3 months.

After Dermal Filler Treatment

- You may find it helpful to apply iced gauze to the treated area
- Treatment is immediate but can take up to 14 days to settle
- Do not rub, massage, apply make-up the treated areas for at least 4 hours after treatment
- Dermal fillers can last anything between 6 -18 months